



Course Description

There is growing evidence that suggests a link between alcohol use and dementia. Several studies have shown that there is a strong link between the high-level alcohol consumption and an increase in dementia risk. This course provides strategies and resources to help health professionals address alcohol use and build cognitive resilience.

Learning Objectives



Participants will be able to list 6 or more modifiable risk factors for dementia.



Participants will be able to summarize the link between alcohol use



Participants will be able to identify effective interventions and strategies to address alcohol use with a special focus on adults 45+.



Participants will be able to identify special considerations for high-risk populations.